

## FARM BUREAU CREATES TRAINING AND EDUCATION DIVISION

Effective October 1, the Washington Farm Bureau has initiated an Education and Training division. The mission of the new division is to deliver convenient, cost-effective, and high quality education and training to enable Washington Farm Bureau members to succeed and grow in today's environment.

Training programs will cover a full gamut of topics, and have relevance for all members – not just labor intensive agriculture. For example, a campaign school is scheduled for February, and the division is currently negotiating with instructors to offer a series of business planning classes.

“Farmers are all about growth and innovation and training is a key component, said Farm Bureau CEO Pat Batts. “Our members asked for this and we responded.”

The first event of the training and education division was a seminar entitled “Excellence in Employee Relations.” The seminar was jointly sponsored by the Northwest Dairy Association and was attended by more than 90 people at locations in Sunnyside, Pasco, and Moses Lake.

The new division will be headed by Farm Bureau director of Employer Services Dan Fazio and Kim Bresler, the employer services manager. According to Bresler, “It’s an exciting time. We are planning training programs for the next year and building our training curriculum.”

Technology will play a big role in the programs offered by Farm Bureau. In July a live video teleconference was originated in Wenatchee and beamed remotely to 200 members in Pasco, Yakima, Moses Lake, and Olympia. The division will also make extensive use of webinars, and has already held a free webinar explaining the healthcare bills currently before Congress. The next scheduled webinar is about our state's out of control workers' comp system (see right column).

Want to get involved? The training and education division is right now recruiting for a Training and Education Advisory Committee that will advise the WFB president on the program. In addition, any member can suggest a training program or course of study by simply e-mailing Kim Bresler with an idea at [kbresler@wsfb.com](mailto:kbresler@wsfb.com). Bresler will send you a model pro-forma and forward your idea to the advisory committee.

Watch for more news about this exciting new program.

## ESSENTIAL TRAINING FREE WEBINAR:

*Time to Fix Washington's  
Workers' Compensation System  
(Tuesday, November 10 from  
10A-11A)*

You are invited to join us for a free webinar hosted by Scott Dilley, policy analyst for the Washington Farm Bureau. This webinar will include:

- Brief history of the Washington Workers' Comp system;
- An update on the proposed rate increase;
- What needs to be fixed; and
- What you can do about it now!

Don't miss this opportunity to learn about this important issue. The webinar format allows for participation from anywhere you have access to the internet and a telephone. You may type questions during the webcast and dial a conference line number from your phone for the sound. REGISTER TODAY at [www.wsfb.com](http://www.wsfb.com).

**Editor**

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### **SAFETY TALK / JUNTA DE SEGURIDAD - *Retro/Safety***

**Subject: Cold Weather** - Exposure to cold can lead to serious illness, so it is important to be aware of the temperature and how to protect yourself against it. Cold exposure can happen when it is not freezing. Wind, humidity and body moisture can remove body heat that leads to hypothermia. The cold usually affects the body's extremities. However, we can deal with low temperatures by just adding clothing.

Cold exposure prevention: Wear several layers of loose clothing for tight clothing reduces blood flow, boots should be waterproof and insulated, wear a hat, make sure to protect your ears, face and hands, take breaks to warm up, drink hot liquids, and eat warm foods. Use hand warmers.

Symptoms of cold weather injuries: Numbness, skin is white and waxy, uncontrollable shivering, slurred speech, unable to complete tasks with hands.

Treatment: Move the person to a warm area, remove wet clothing and warm up gently, give the person a hot caffeine free drink, call for medical attention if needed.

**Subjecto: Tiempo Frío** - La exposición al frío puede hacer una enfermedad seria, así que es importante ser conciente de la temperatura y cómo protegerse contra el frío. La exposición fría puede suceder cuando ne está congelando. El viento, la humedad, y la humedad del cuerpo puede quitar calor del cuerpo y ésa lleva a la hipotermia. El frío afecta generalmente a las extremidades del cuerpo. Sin embargo, podemos protegernos de bajas temperaturas simplemente usando más ropa.

Prevención de la Exposición Fría: Use varias capas de ropa floja, ropa apretada reduce el flujo de sangre; cargadores debe ser impermeable y aislado; use un sombrero; cerciorarse de proteger sus oídos, la cara y los manos; toma quebradas para el calentamiento; bebe líquidos calientes; y come las comidas calientes. Utilice los calentadores de las manos.

Síntomas de Lesiones del Tiempo Frío: El entumecimiento, piel es blanca y cerosa, temblor incontrolable, discurso indistinto, incapaz de terminar tareas con las manos.

Tratamiento: Mueva a la persona a un área caliente, quite la ropa mojada y el calentamiento suavemente, da a persona una bebida descafeinada caliente, llame para la atención médica si está necesitado. Questions? Preguntas?

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### **PREPARE YOUR VEHICLE FOR WINTER**

**According to the Federal Emergency Management Agency (FEMA), the leading cause of death during winter storms is transportation accidents. Preparing your vehicle is key to safe winter driving.**

**Have a mechanic check the following items on your car or truck: battery, hazard lights, defroster, antifreeze, brakes, oil level, ignition, heater, windshield wash, lights, thermostat, and the exhaust system.**

**It's also a good idea to install good winter tires. This means they should have adequate tread. All-weather radials are usually adequate for most winter conditions. For ice and snow removal, it's also good to keep a windshield scraper and small broom in the vehicle.**